

## PSYCHIATRIC NURSE PRACTITIONER

**DISTINGUISHING FEATURES OF THE CLASS:** An employee in this class is responsible for providing psychiatric nurse practitioner services for clients of the community mental health agency. The incumbent must possess the clinical skills to exercise independent professional judgement as a medical provider within the guidelines of collaborative agreements and protocols. Work is performed under the general direction of the psychiatry staff. Supervision may be exercised over the work of professional clinical staff and non-medical personnel. Does related work as required.

**TYPICAL WORK ACTIVITIES:** The typical work activities listed below, while providing representative examples of the variety of work assignments in the title, do not describe any individual position. Incumbents may perform some or all of the following, as well as other related activities not described.

Provides psychiatric diagnostic services for patients, utilizing the contributions of the physician, social worker, psychiatric nurse and the clinical psychologist;

Prescribes psychotropic medication per collaborative agreement and protocols;

Assists the psychiatrist in routine coverage of physician case load (i.e. calling in renewal medications, follow-up visits, phone calls, etc.);

Participates in the intake and screening process of clients;

Participates in individual, group and family therapy;

Administers medication;

Provides aftercare to patients to insure continuity of service;

Provides referral information to alternate placement facilities;

Evaluates the effectiveness of services provided to patients;

Participates in in-service training of various staff members;

Participates in informational/educational community activities to further community knowledge in the detection and prevention of psychiatric disorders;

Maintains case records and statistics, and prepares reports;

Observes universal safety precautions in handling body fluids;

May draw blood under medical direction;

May function as a co-leader or leader of an interdisciplinary treatment team;

May provide medical consultation to staff;

May lead psycho educational groups regarding medications;

May be required to provide after-hours psychiatry services;

May participate in visits to patient's place of residence;

**FULL PERFORMANCE KNOWLEDGES, SKILLS, ABILITIES AND PERSONAL CHARACTERISTICS:** Thorough knowledge of the principles, methods and practices of community psychiatric nursing, evaluation and medication management; thorough knowledge of the aspects of mental illness and modern methods of treatment; thorough knowledge of nursing theory and practices; thorough knowledge of the pharmaceuticals utilized in the treatment of mental illness; thorough knowledge and skill in group therapy; good knowledge of psychiatric treatment trends; working knowledge of universal safety practices when handling body fluids; ability to share significant primary health care responsibilities with the physician; ability to understand and follow technical oral and written instructions; ability to plan, evaluate, organize and supervise psychiatric services to out patients; ability to develop good community relations; ability to maintain records and prepare technical and statistical reports; ability to establish and maintain effective working relationships with professional staff and subordinate personnel; ability to plan and supervise the work of professional clinical staff and non-medical personnel; ability to communicate well with others both orally and in writing; physical condition commensurate with the demands of the position.

**MINIMUM QUALIFICATIONS:** Either:

- A. Graduation from a regionally accredited or New York State registered college or university with a Master's Degree, including one (1) year of clinical practicum or one (1) year of post degree professional experience in mental health or psychiatric nursing in a position involving direct service to clients; **AND**
- B. Current licensure as a Registered Professional Nurse by the New York State Department of Education; **AND**
- C. Current United States Department of Justice Drug Enforcement Administration registration; **AND**
- D. New York State certification to practice as a Nurse Practitioner in the specialty area (s) related to the work performed. \*

\* Part 64 of the New York State Commissioner of Education Regulations defines the profession of Nurse Practitioners and includes the following specialty areas: Acute Care, Adult Health, College Health, Community Health, Family Health, Gerontology, Holistic Care, Neonatology, Obstetrics/Gynecology, Oncology, Pediatrics, Palliative Care, Perinatology, Psychiatry, School Health, and Women's Health.

ULSTER COUNTY

5165 PSY NRS PR

Classification: Competitive

Grade: 25

Union: CSEA

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